



bromma
folkhögskola

Bromma Folk High School

Stockholm-Sweden

Bromma Folk High School (Bromma folkhögskola) is a non-formal adult education acknowledged and financed by the Swedish government to provide a variety of courses from high school level to university level. There are 150 other Folk High Schools in the Swedish system. The philosophy, which is practiced in the folk high schools, presumes that all citizens are free and independent individuals, with the right to participate in all aspects of a democratic society.

The activities should provide a comprehensive approach, stimulate curiosity and critical thinking; as well as be a part of the crucial process of lifelong learning. Folk High Schools creates the conditions necessary for people to freely pursue knowledge and contributes towards giving them the opportunity to change their lives.

Bromma has specialised courses in culture, leadership and development. On our campus around 200 students comes together in various types of training (1-3 year). Some vocational is to become deacon in the church, a youth leader or a community worker. Other courses provide to get access to university studies and as our third branch we have courses in Theatre, Art and Music.

Campus Bromma

We also share our campus, *Campus Bromma*, with Stockholm School of Theology which offers programmes on undergraduate (Bachelor) and postgraduate (Master) levels in both Theology and Human Rights. The two schools are rooted in the same church, Uniting Church in Sweden. The church is established in 2011 when the Mission Covenant Church of Sweden (Lutheran/Reformed), the Baptist Union of Sweden and the United Methodist Church of Sweden after a process for almost 100 years formed Equmeniakyrkan, (Uniting Church in Sweden).

X-pedagogy

At Bromma Folk High School we have for many years created a generative name for a pedagogy rooted in Paulo Freire's liberating pedagogy and experience-based learning. We call it the X-pedagogy.

X-pedagogy wants to meet the need of theoretical knowledge and methodical application of learning which is based on experiences and perceptions. There is a need for learning in which the body's senses all are misused. X can mean a lot but four X highlighted;

- eXperience- experience and experience as a basis for reflection and analysis
- eXistential - the fundamental questions of life as a driving force for learning
- eXperimental – trail an error, risk taking, innovation and cross the border, as roads in the search for knowledge and truth
- eXpressive - the need to authentically express and portray our own lives and our own knowledge of many languages

X-pedagogy is not a concept, a collection of exercises or methods that can be copied or easily described. It is in the X-pedagogy nature that every situation (age, context, etc.) are challenging the teacher's attitude and courage to let the four X's influence framework and conditions for learning process.

Playfulness is not opposed to seriousness; it is another entrance to knowledge. In the X-pedagogy we play very seriously. Spontaneity and impulses have their rightful place in the processes of early reflection. We are convinced of the importance of emotions in the learning process. We believe that exploratory approach where the teacher is walking with, ensures that there is security and a clear framework and bestows good working atmosphere by trusting processes. The expressive and experimental aspects encourages the learner to boldly express themselves, with different sensory language and to dare to try, follow their impulses and explore what is in their heart. Values of right and wrong are uninteresting as they hinder the exploration and instead becoming increasingly incurred a starting point for further studies and challenges. X-pedagogy puts the learner person at the center.

Our program of education

- General course 1-3 years – gives admission to university studies
- Youth leader/Community worker 2 year
- Deacon 2 year
- Music 1-2 years
 - Music basic course
 - Afro ensemble
 - Classic music
 - Church music
- Arts – Ars Vivendi 1 year
- Arts – Studio – X 1 year
- Theater 1 year
- Exchange – a course with 5 month internship in another country 1 year

Conditions

All education is free of charge – no tuition fee.

The courses are all given in Swedish language with exception for Exchange that uses English as communication language.

The School accepts international students

Contact

www.brommafolkhogskola.se

info@brommafolkhogskola.se



+46 86362320

Bromma folkhögskola

Åkeshovsvägen 29; S – 168 39 Stockholm

Sweden